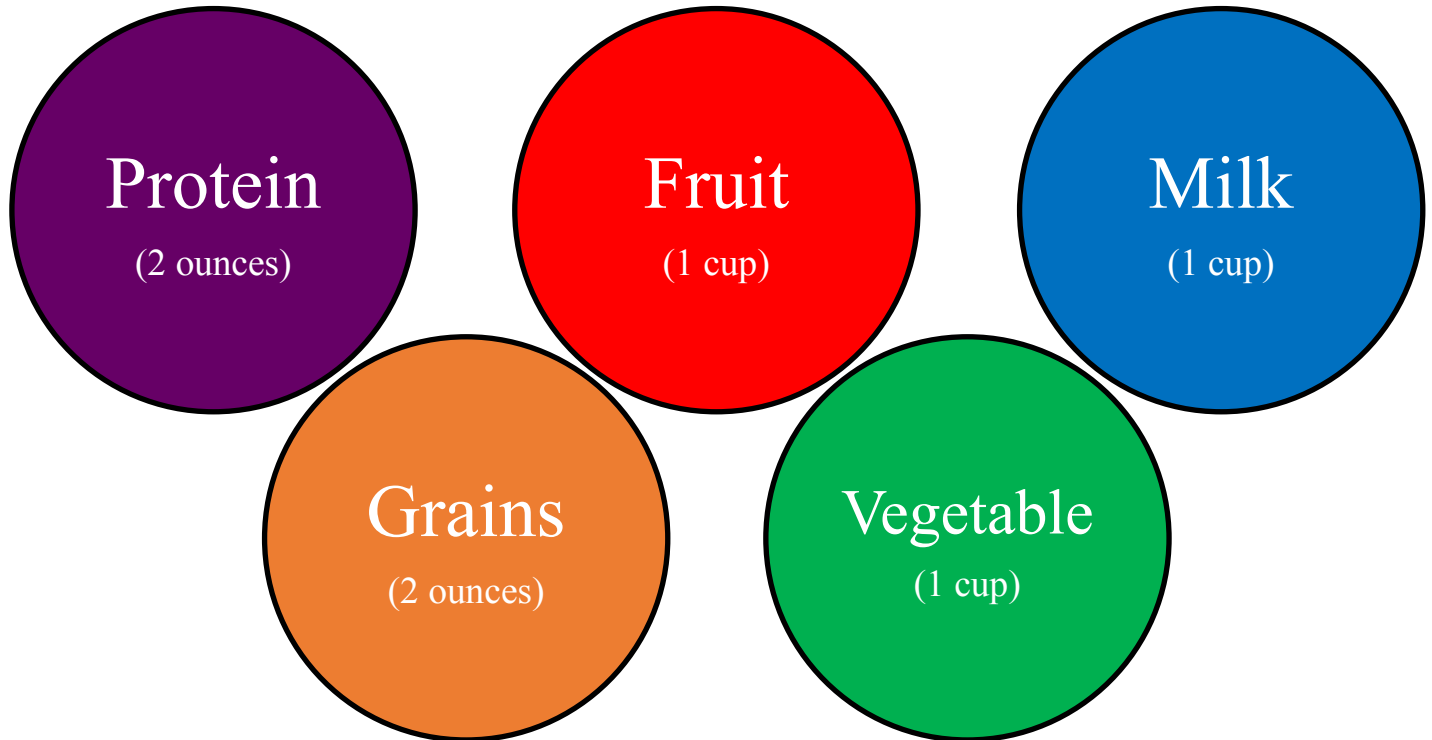


What does the Lunch Combo Meal include?

The School must offer the following items:



***** You choose the items you want *****

- You must choose at least 3 items,
- You must choose at least 1/2 cup of fruit or vegetable,
- You are allowed to choose 3, 4 or 5 items

Some menu choices contain multiple items. Examples: Pizza provides 3 items (protein, grain and vegetable). A hamburger provides 2 items (protein, grain). Sweet & Sour Chicken with Vegetable Fried Rice provides 3 items (protein, grain, vegetable). Deli Sandwich provides 3 items (protein, grain, vegetable).

Joliet Township High School District participates in the National School Lunch Program. Menu options and serving sizes must meet specific regulations and the District must follow the "Offer vs. Serve" concept. The goals of OVS are to reduce food waste and to permit students to choose the foods they want to eat. A "Combo Meal" provided by JTHS meets the NSLP regulations for a reimbursable lunch.