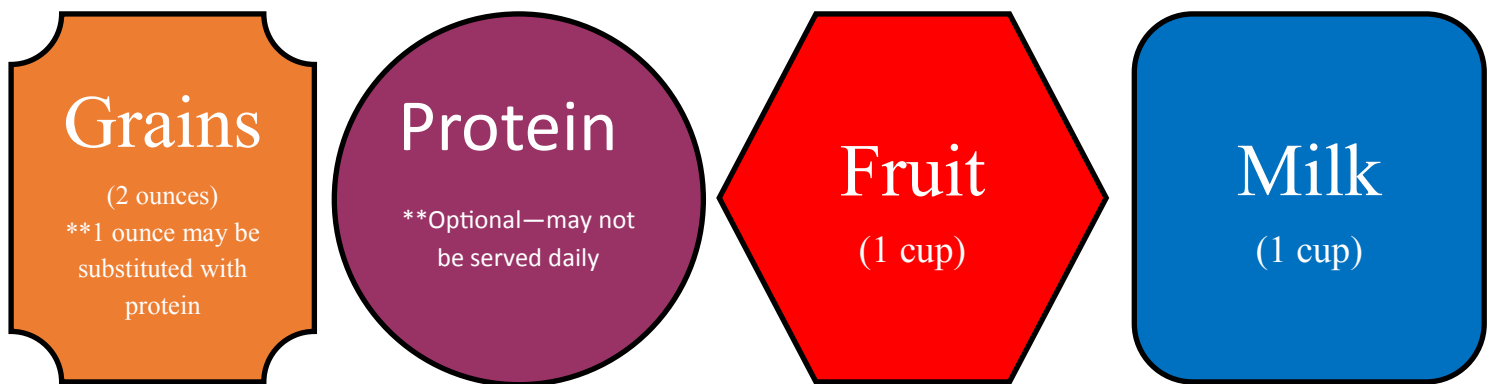


Your Breakfast..... Your Choice!

The School offers the following menu components:



***** You choose the components you want *****

- You must choose at least 3 items,
- You must choose at least 1/2 cup of fruit,
- You are allowed to choose 3 or 4 items

Some menu choices contain multiple components. Examples: Pancake on a stick provides 2 items (protein, grain). Breakfast Burrito provides 2 items (protein, grain).

Joliet Township High School District participates in the National School Breakfast Program. Menu options and serving sizes must meet specific regulations and the District must follow the "Offer vs. Serve" concept. The goals of OVS are to reduce food waste and to permit students to choose the foods they want to eat. A "Combo Meal" provided by JTHS meets the NSBP regulations for a reimbursable meal.