| Joliet Township High School - Central and West Campus Lunch Menu |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Student Combo Meal: \$3.00 |  |  |  |  |

## FRUIT AND VEGETABLE - choose up to four $1 / 2$ cup servings

| Green Beans 59 | Romaine Salad with dressing 9 g | Marinated Cauliflower Salad 9 g | Celery Sticks with Dip 4 g | Fresh Pico 9g |
| :---: | :---: | :---: | :---: | :---: |
| Black Beans 18g | Seasoned Potato Wedges 17g | Brussel Sprout Salad 15 g | Romaine Salad with dressing 9 g | Coleslaw 25g |
| Marinara or Salsa 8g/6g | Marinara or Salsa 8g/6g | Marinara or Salsa 8g/6g | Marinara or Salsa 8g/6g | Marinara or Salsa 8g/6g |
| Sliced Tomato, Lettuce \& Pickle 6 g | Sliced Tomato, Lettuce \& Pickle 6 g | Sliced Tomato, Lettuce \& Pickle 6 g | Sliced Tomato, Lettuce \& Pickle 6 g | Sliced Tomato, Lettuce \& Pickle 6 g |
| Apple Juice 13g | Diced Pears 20g | Mixed Fruit 13g | Mandarin Oranges 20 | Applesauce 13g |
| Variety of Fresh Fruit 8 g | Variety of Fresh Fruit 89 | Variety of Fresh Fruit 8 g | Variety of Fresh Fruit 89 | Variety of Fresh Fruit 89 |
| A Student Combo Meal includes the Milk, Fruit, Vegetable, and Entree. Students must take at least three items including at least one serving of the fruit or vegetable to count as a combo meal. For a complete meal, students get to choose one Entrée, up to four Fruit and Vegetable servings and one Milk. Students must have a pre-paid lunch account to purchase food and drinks from the cafeteria. You can create an account at www.myschoolbucks.com or make deposits through the Textbook/Cashier office at the school. Cash is not accepted in the Cafeteria. |  |  |  |  |
|  |  |  |  |  |

