

Joliet Township High School - Central and West Campus Lunch Menu

Student Combo Meal: \$3.00

1/9/2023	1/10/2023	1/11/2023	1/12/2023	1/13/2023
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTRÉE - Choose One (2nd item available for additional cost)				
Macaroni & Cheese with Grip Crackers 36g	Soft Shell Taco 22g	Barbecue Pork Rib Sandwich 34g	Meatball Sub Sandwich 47g	Homemade Rice Bowl 48g
Pizza 32G	Homemade Casserole 43g	Stuffed Crust Pizza 36g	Pizza 38g	Big Daddy's Pepperoni Pizza 56g
Spicy Grilled Chicken Sandwich 25g	Spicy Chicken Tender Slider 30g	Spicy Breaded Chicken Sandwich 57g	Buffalo Grilled Chicken w/Cheese Sandwich 28G	Golden Crispy Breaded Chicken Sandwich 56g
Cheeseburger 30g	Bacon Cheeseburger 30g	Salmon Burger 44g	Double Cheeseburger 35g	Breaded Fish Sandwich with Cheese 43g
Deli Sandwich 21g	Crispy Chicken Wrap 35g	Deli Sandwich 21g	Deli Sandwich 21g	Chicken Caesar Wrap 30g
Chef Salad with Ham, Cheese, Crackers & Breadstick 59g	Chef Salad with Chicken, Cheese, Crackers & Breadstick 57g	Chef Salad with Boiled Eggs, Cheese, Crackers & Breadstick 58g	Chef Salad with Chicken, Cheese, Crackers & Breadstick 57g	Chef Salad with Double Cheese, Crackers & Breadstick 49g
6" Bosco Cheese Sticks 32G	Nachos with Cheese 40g	Pull Apart Cheese Bread 33g	All Beef Cheese Dog with Chips 43g	6" Bosco Cheese Sticks 32g
FRUIT AND VEGETABLE - choose up to four 1/2 cup servings				
Seasoned Potato Wedges 17g	Guacamole 8g	Carrots with Dip 4g	Corn 16g	Romaine Salad with dressing 9g
Steamed Broccoli 10g	Ranchero Beans 20g	Romaine Salad with Dressing 9g	Mexican Bean Salad 20g	Creamy Potato Salad 17g
Marinara or Salsa 8g/6g	Marinara or Salsa 8g/6g	Marinara or Salsa 8g/6g	Marinara or Salsa 8g/6g	Marinara or Salsa 8g/6g
Sliced Tomato, Lettuce & Pickle 6g	Sliced Tomato, Lettuce & Pickle 6g	Sliced Tomato, Lettuce & Pickle 6g	Sliced Tomato, Lettuce & Pickle 6g	Sliced Tomato, Lettuce & Pickle 6g
Apple Juice 13g	Pineapple Chunks 18g	Diced Peaches 14g	Diced Pears 20g	Mixed Fruit 13g
Variety of Fresh Fruit 8g	Variety of Fresh Fruit 8g	Variety of Fresh Fruit 8g	Variety of Fresh Fruit 8g	Variety of Fresh Fruit 8g

A Student Combo Meal includes the Milk, Fruit, Vegetable, and Entree. Students must take at least three items including at least one serving of the fruit or vegetable to count as a combo meal. For a complete meal, students get to choose one Entrée, up to four Fruit and Vegetable servings and one Milk. Students must have a pre-paid lunch account to purchase food and drinks from the cafeteria. You can create an account at www.myschoolbucks.com or make deposits through the Textbook/Cashier office at the school. Cash is not accepted in the Cafeteria.

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