| Joliet Township High School - Central and West Campus Lunch Menu Student Combo Meal: \$3.00 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 9/27/2021 | 9/28/2021 | 9/29/2021 | 9/30/2021 | 10/1/2021 |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| ENTRÉE - Choose One (2nd item available for additional cost) |  |  |  |  |
| Burrito Bowl 41g | Corndog 30g | Italian Beef Sandwich 28g | Chicken \& Waffles 38g | Fish Sticks with Dinner Roll 32g |
| Pizza 33g | Pasta Bar 55g | Pizza 34g | Pizza 32g | Big Daddy's Pepperoni Pizza 56g |
| Spicy Grilled Chicken Sandwich 25g | Spicy Chicken Tender Slider 30 g | Spicy Breaded Chicken Sandwich 57g | Buffalo Grilled Chicken w/cheese Sandwich 28 g | Golden Crispy Breaded Chicken Sandwich 56 g |
| Cheeseburger 30g | $\begin{array}{c}\text { Bacon Cheeseburger } \\ 300\end{array}$ | Veggie burger 44g | Double Cheeseburger 32g | Cheeseburger 30g |
| Turkey Deli Sandwich 21 g | Grilled Chicken Wrap 31 g | Roast Beef Deli Sandwich 21g | Turkey Deli Sandwich 21 g | Chicken Caesar Wrap 30 g |
| Chef Salad with Ham, Cheese, Crackers \& Breadstick 59g | Chef Salad with Chicken, Cheese, Crackers \& Breadstick 57g | Chef Salad with Boiled <br> Eggs, Cheese, Crackers \& Breadstick 58g | Chef Salad with Chicken, Cheese, Crackers \& Breadstick 57g | Chef Salad with Double Cheese, Crackers \& Breadstick 49g |
| 6" WG Bosco Cheese Sticks 32g | Nachos with Cheese 40 g | Chicken \& Cheese Taquitos 30g | All Beef Chili Hot Dogs with Chips 42g | 6" WG Bosco Cheese Sticks 32g |

## FRUIT AND VEGETABLE - choose up to four $1 / 2$ cup servings

| Green Beans 5g | Romaine Salad with dressing 9 g | Marinated Cauliflower Salad 9 g | Celery Sticks with Dip 4 g | Fresh Pico 9g |
| :---: | :---: | :---: | :---: | :---: |
| Black Beans 18g | Seasoned Potato Wedges 17g | Susel Sprout Salad 15 g | Romaine Salad with dressing 9 g | Coleslaw 25g |
| Marinara or Salsa 8g/6g | Marinara or Salsa 89/6g | Marinara or Salsa 89/6g | Marinara or Salsa 8g/6g | Marinara or Salsa 8g/6g |
| Sliced Tomato, Lettuce \& Pickle 6 g | Sliced Tomato, Lettuce \& Pickle 6 g | Sliced Tomato, Lettuce \& Pickle 6 g | Sliced Tomato, Lettuce \& Pickle 6 g | Sliced Tomato, Lettuce \& Pickle 6 g |
| Apple Juice 13g | Diced Pears 20g | Mixed Fruit 13g | Mandarin Oranges 20g | Applesauce 13g |
| Variety of Fresh Fruit 8 g | Variety of Fresh Fruit 8 g | Variety of Fresh Fruit 8 g | Variety of Fresh Fruit 8 g | Variety of Fresh Fruit 8 g |
| A Student Combo Meal includes the Milk, Fruit, Vegetable, and Entree. Students must take at least three items including at least one serving of the fruit or vegetable to count as a combo meal. For a complete meal, students get to choose one Entrée, up to four Fruit and Vegetable servings and one Milk. Students must have a pre-paid lunch account to purchase food and drinks from the cafeteria. You can create an account at www.myschoolbucks.com or make deposits through the Textbook/Cashier office at the school. Cash is not accepted in the Cafeteria. |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

