

Joliet Township High School - Central and West Campus Lunch Menu

Student Combo Meal: \$3.00

4/6/2020	4/7/2020	4/8/2020	4/9/2020	4/10/2020
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTRÉE - Choose One (2nd item available for additional cost)				
Pepper Steak with Rice 53g	Breaded Pork Sandwich 55g	Hot Ham & Cheese Sandwich 43g	Popcorn Chicken Bowl 57g	
Pizza 32g	Pepperoni Calzone 30g	Garlic Parmesan Flatbread 33g	Pizza 39g	
Spicy Grilled Chicken Sandwich 25g	BBQ Grilled Chicken Sandwich 14g	Spicy Breaded Chicken Sandwich 57g	Italian Grilled Chicken Sandwich 27g	No School
Cheeseburger 30g	Cheeseburger 30g	Veggie burger 44g	Cheeseburger 30g	
Turkey Deli Sandwich 21g	Italian Wrap 35g	Roast Beef Deli Sandwich 21g	Turkey Deli Sandwich 21g	
Chef Salad with Ham, Cheese, Crackers & Breadstick 59g	Southwest Chicken Shaker Salad 27g	Chef Salad with Boiled Eggs, Cheese, Crackers & Breadstick 58g	Chef Salad with Chicken, Cheese, Crackers & Breadsticks 57g	
6" WG Bosco Cheese Sticks 32g	Walking Taco 47g	Chicken & Cheese Taquitos 30g	All Beef Hot Dog with Chips 38g	
FRUIT AND VEGETABLE - choose up to four 1/2 cup servings				
California Blend Vegetables 7g	Baked Beans 27g	Cherry Tomatoes with Dip 9g	Mashed Potatoes 15g	
Baby Carrots with Dip 4g	Cucumber Slices with Dip 4g	Romaine Salad with Dressing 9g	Corn 16g	
Marinara or Salsa 8g/6g	Marinara or Salsa 8g/6g	Marinara or Salsa 8g/6g	Marinara or Salsa 8g/6g	
Sliced Tomato, Lettuce & Pickle 6g	Sliced Tomato, Lettuce & Pickle 6g	Sliced Tomato, Lettuce & Pickle 6g	Sliced Tomato, Lettuce & Pickle 6g	
Grape Juice 19g	Applesauce 13g	Mandarin Oranges 20g	Diced Peaches 14g	
Variety of Fresh Fruit 8g	Variety of Fresh Fruit 8g	Variety of Fresh Fruit 8g	Variety of Fresh Fruit 8g	

A Student Combo Meal includes the Milk, Fruit, Vegetable, and Entree. Students must take at least three items including at least one serving of the fruit or vegetable to count as a combo meal. For a complete meal, students get to choose one Entrée, up to four Fruit and Vegetable servings and one Milk. Students must have a pre-paid lunch account to purchase food and drinks from the cafeteria. You can create an account at www.myschoolbucks.com or make deposits through the Textbook/Cashier office at the school.

Cash is not accepted in the Cafeteria.

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