Monthly Health Themes

September
National Cholesterol Education Month
Healthy Aging Month
National Preparedness Month
Baby Safety Month
Assisted Living Week (9-15)
Healthcare Environmental Services Month
Healthcare Housekeeping Month

October
Family Health Month
National Breast Cancer Awareness Month
Domestic Violence Awareness Month
International Walk to School Month
Physical Therapy Month
Healthcare Foodservice Month
Healthcare Resources and Material Mgmt Week (7-13)
Fire Prevention Week (7-13)
Mammography Day (19)
Respiratory Care Week (21-27)

November
National Alzheimer's Disease Month
American Diabetes Month
Home Care / Hospice Month
Radiologic Technology Week
Great American Smokeout (15)

December
Drunk and Drugged Driving Prevention Month
World AIDS Day (1)

January
Cervical Health Awareness Month
National Eye Care Month
Volunteer Blood Donor Month
Activity Professionals Week (21-26)
Healthy Weight Week (21-27)

February
American Heart Month
National Children’s Dental Health Month
Women’s Heart Week (1-7)
Cardiac Rehabilitation Week (11-17)
Child Passenger Safety Week (11-17)
March  National Nutrition Month
Colorectal Cancer Awareness Month
Professional Social Work Month
Poison Prevention Week (18-24)
Kick Butts Day (28)
Doctors Day (30)

April  National Humor Month
Cancer Control Month
Stress Awareness Month
Alcohol Awareness Month
Child Abuse Prevention Month
Public Health Month
Volunteer Month (15-21)
Infant Immunization Week (21-28)
Medical Laboratory Week (22-28)
Employee Appreciation Week (22-28)
Safe Kids Week (4/28-5/6)

May  Osteoporosis Prevention Month
Mental Health Month
Physical Fitness and Sports Month
High Blood Pressure Education Month
Bicycle Safety Month
Older Americans Month
Nurse’s Week (6-12)
Hospital and Healthcare Week (6-12)
Employee Health and Fitness Day (16)
Nursing Home Week (13-19)
EMS Week (20-26)
World No Tobacco Day (31)

June  Safety Month
Men’s Health Week
Nursing Assistants’ Week (14-21)